



THE **HARMONY**  
OF **COLOUR** SERIES

# COLOURFUL CHRISTMAS

RELAX AND UNWIND WITH  
ADULT COLOURING

BOOK SEVENTY THREE  
AUST \$12.95 NZ \$12.95 INC GST

ISBN 978-1-925951-13-4



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OF **COLOUR** SERIES

# COLOURFUL CHRISTMAS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

*Harmony of Colour Book Seventy Three: Colourful Christmas* offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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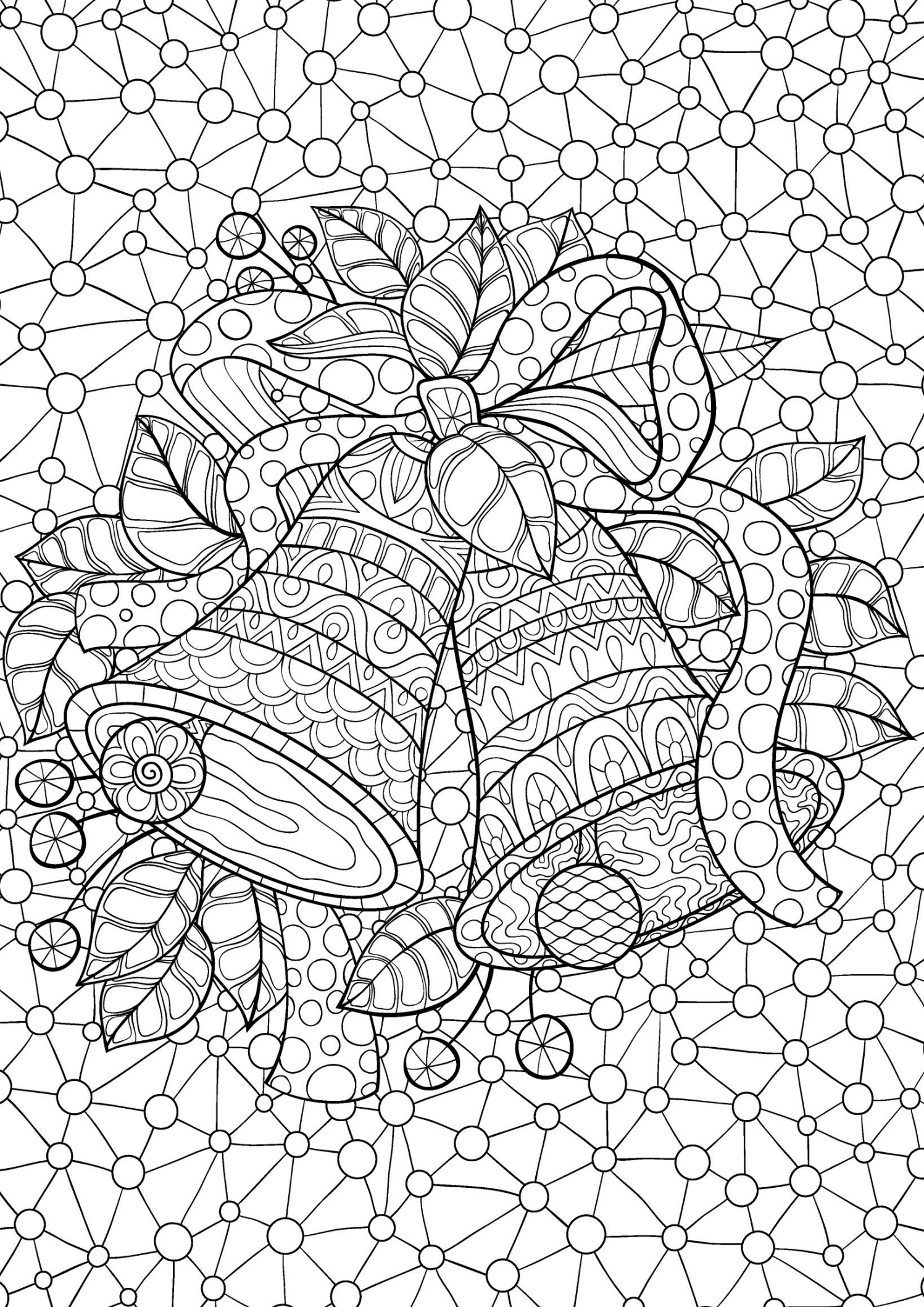
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PO Box 230  
Double Bay NSW 1360  
+612 9363 1464

Creative Director: Luke Shaddock  
Managing Director: Michael Downs

All images: Shutterstock



"Happy, happy Christmas,  
that can win us back  
to the delusions of our  
childhood days, recall to  
the old man the pleasures  
of his youth, and transport  
the traveller back to his  
own fireside and  
quiet home!"

— Charles Dickens —



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"Christmas is a necessity.  
There has to be at least one  
day of the year to remind us  
that we're here for something  
else besides ourselves."

— Eric Sevareid —



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"Christmas is the season of joy, of holiday greetings exchanged, of gift-giving, and of families united."

— Norman Vincent Peale —



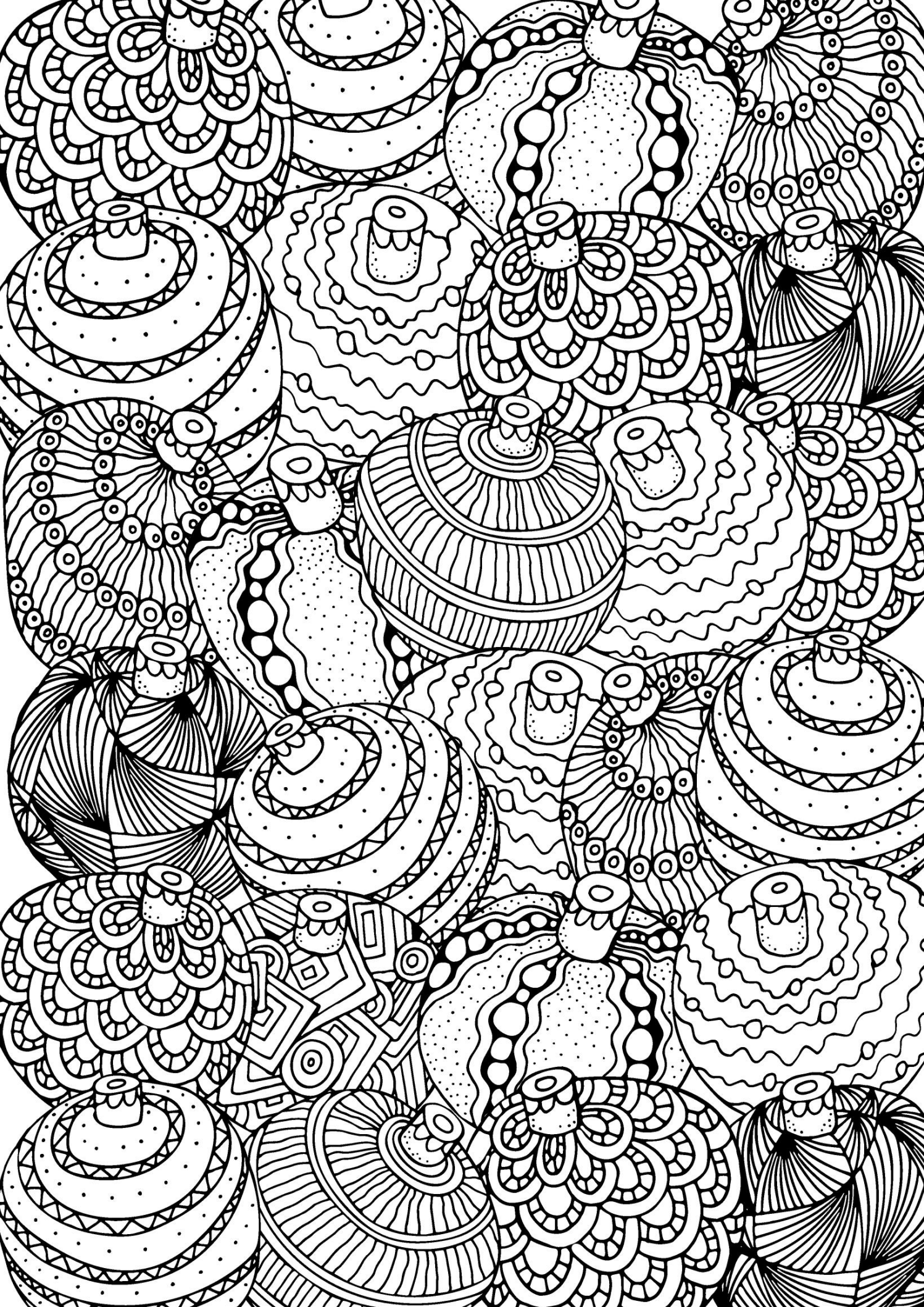
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"This is my wish for you:  
peace of mind, prosperity  
through the year, happiness  
that multiplies, health for  
you and yours, fun around  
every corner, energy to  
chase your dreams, joy  
to fill your holidays!"

— David Dellinger —



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"Christmas is a box of  
tree ornaments that have  
become part of the family."

— Charles M. Schulz —



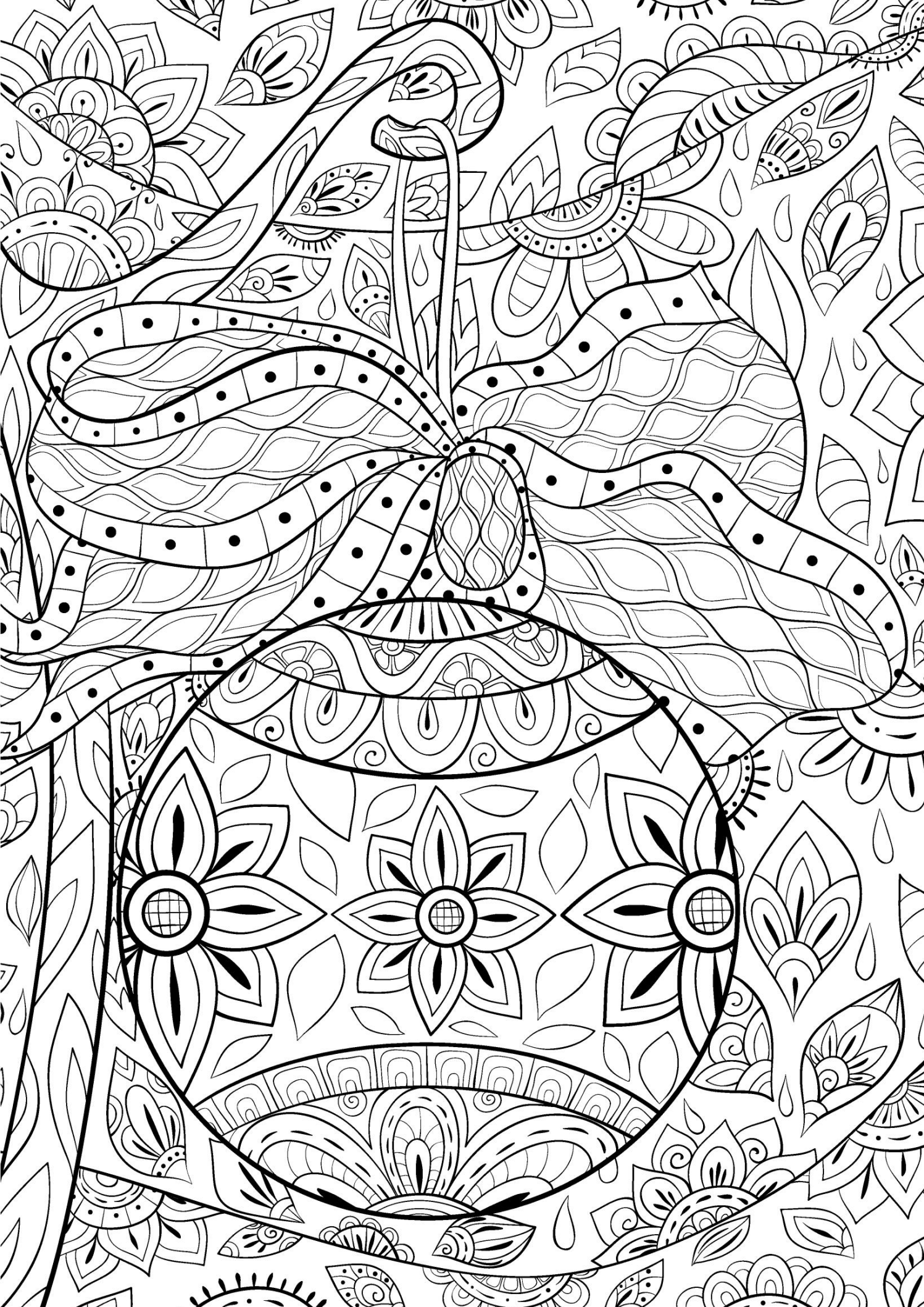
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"Maybe Christmas, the  
Grinch thought, doesn't  
come from a store."

— Dr. Seuss —



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"It is Christmas in the heart that  
puts Christmas in the air."

— William Thomas Ellis —



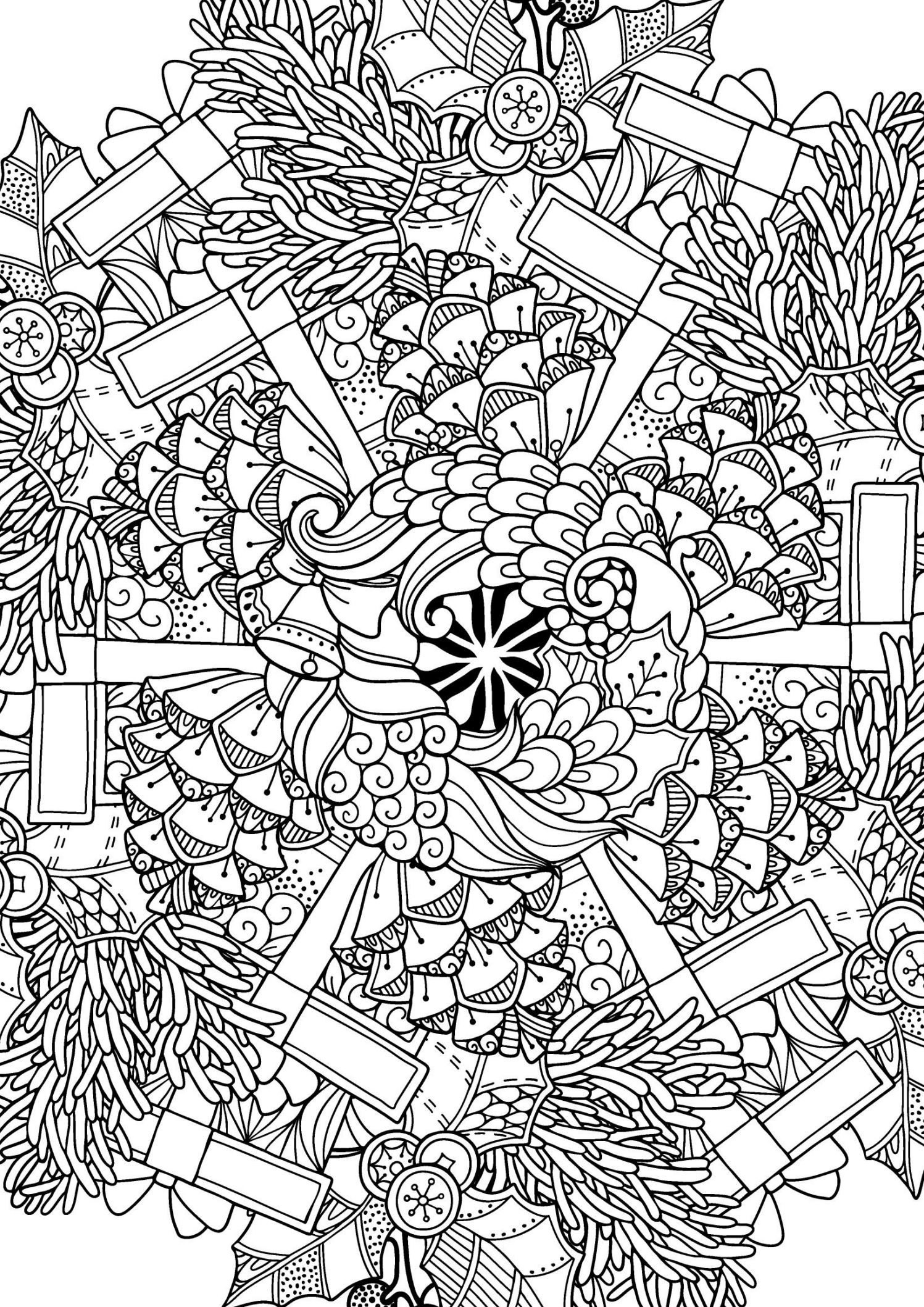
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"Christmas is a season not only  
of rejoicing but of reflection."

— Winston Churchill —



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"Gifts of time and love are  
surely the basic ingredients of  
a truly merry Christmas."

— Peg Bracken —



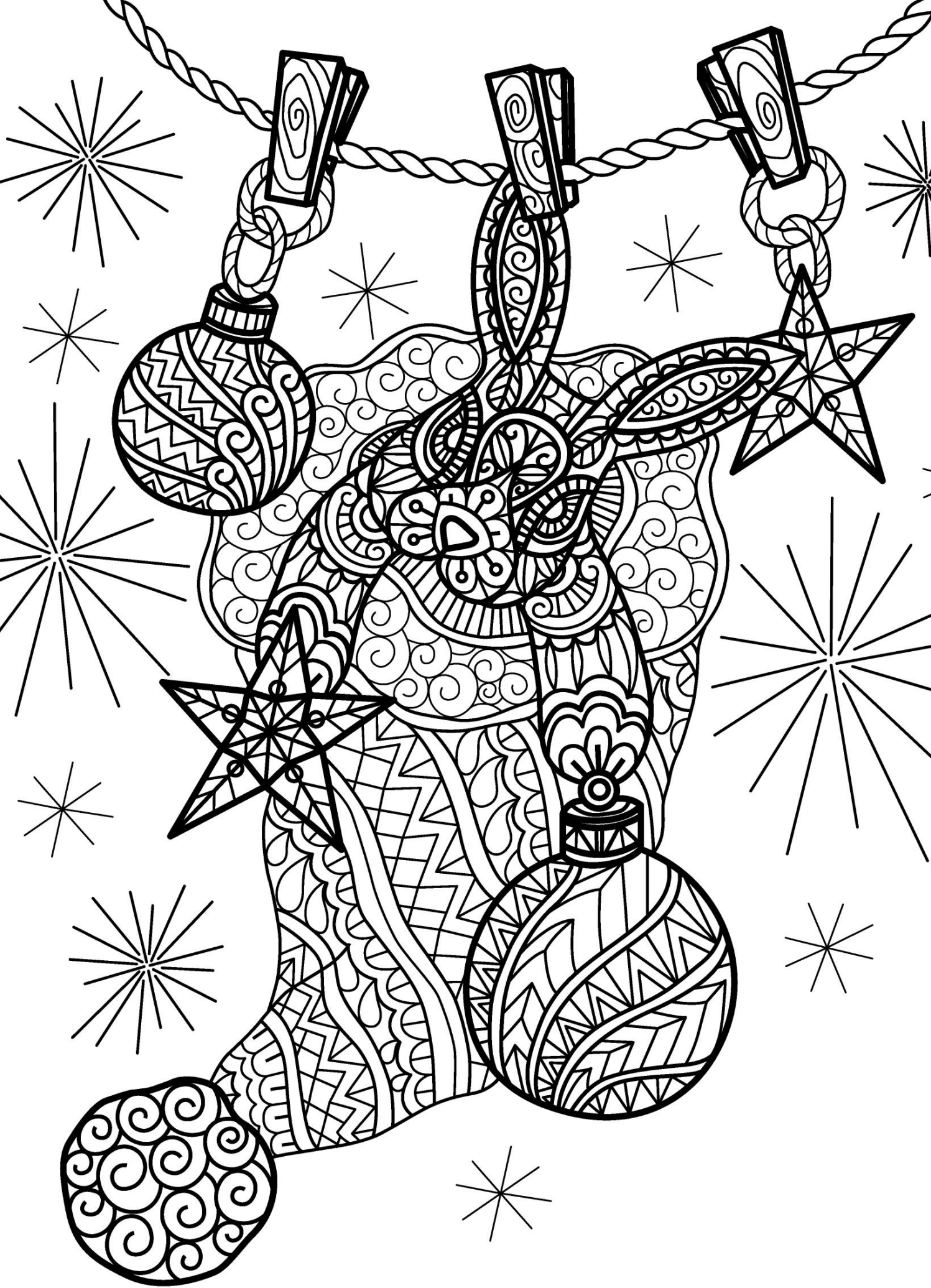
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"Christmas hath a beauty...  
lovelier than the world can show."

— Christina Rossetti —



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“Christmas waves a magic  
wand over this world, and  
behold, everything is softer  
and more beautiful.”

— Norman Vincent Peale —



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"The joy that you give  
to others is the joy that  
comes back to you."

— John Greenleaf Whittier —



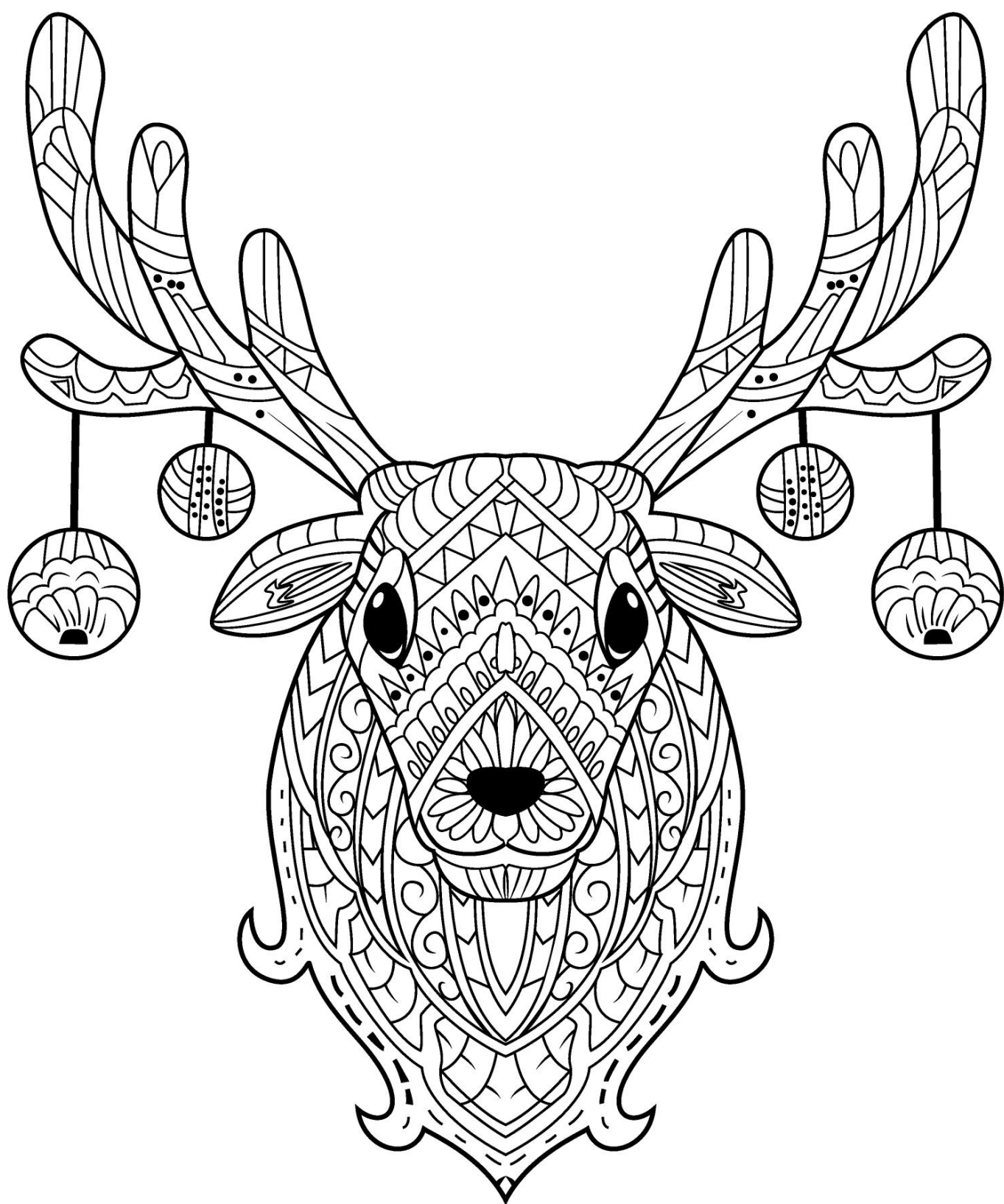
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“Christmas is not just a day,  
an event to be observed  
and speedily forgotten. It is a  
spirit which should permeate  
every part of our lives.”

— William Parks —



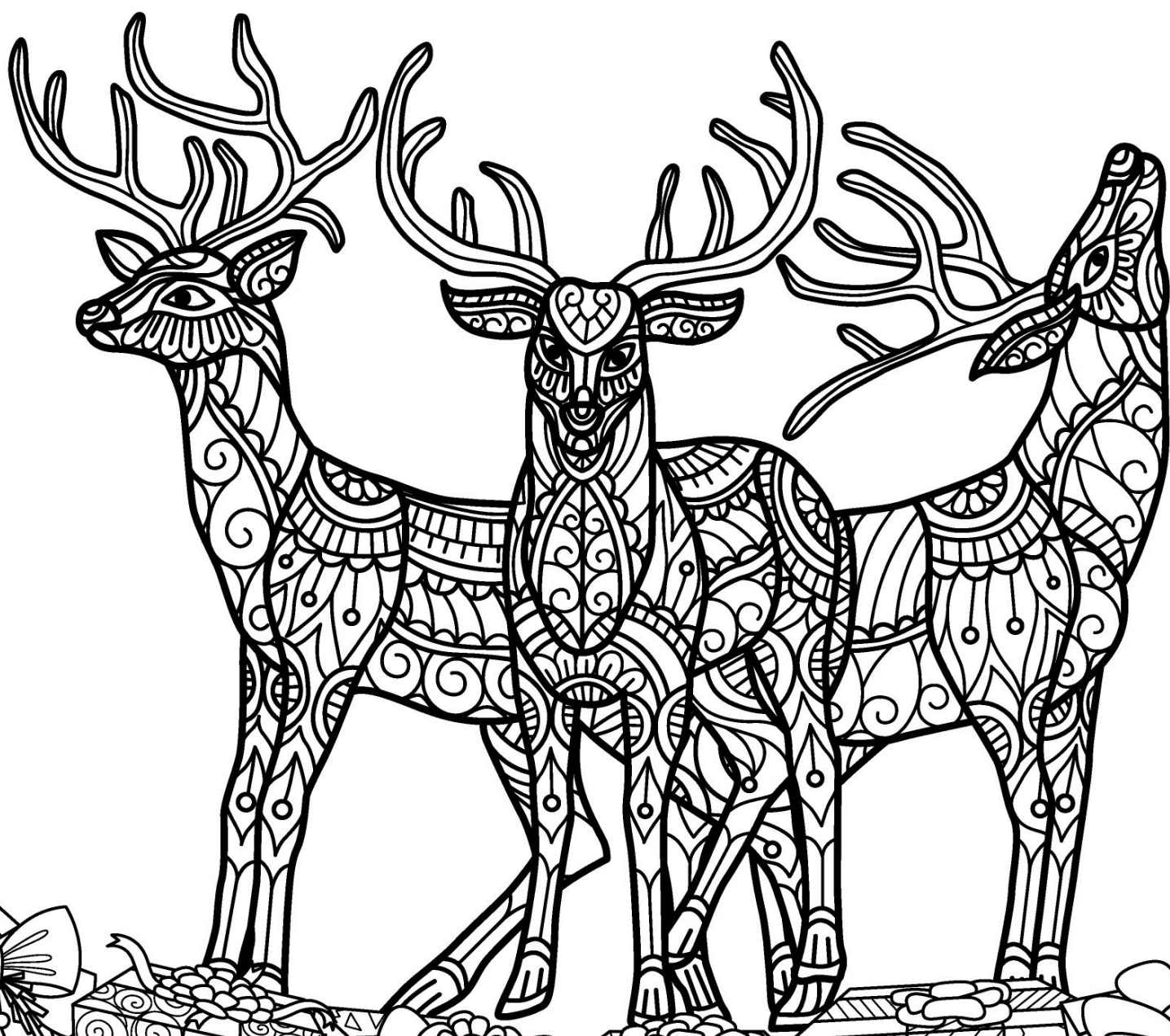
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"Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas."

— Calvin Coolidge —



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"There'll always be Christmas  
as long as a light  
glows in the window  
to guide folks at night,  
as long as a star in  
the heavens above,  
keeps shining down... there'll  
be Christmas and love."

— Edna Jaques —



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“When you give up yourself,  
that’s when you will feel the  
true spirit of Christmas.  
And that’s giving that’s  
serving others and that’s  
when you feel fulfilled.”

— Joel Osteen —



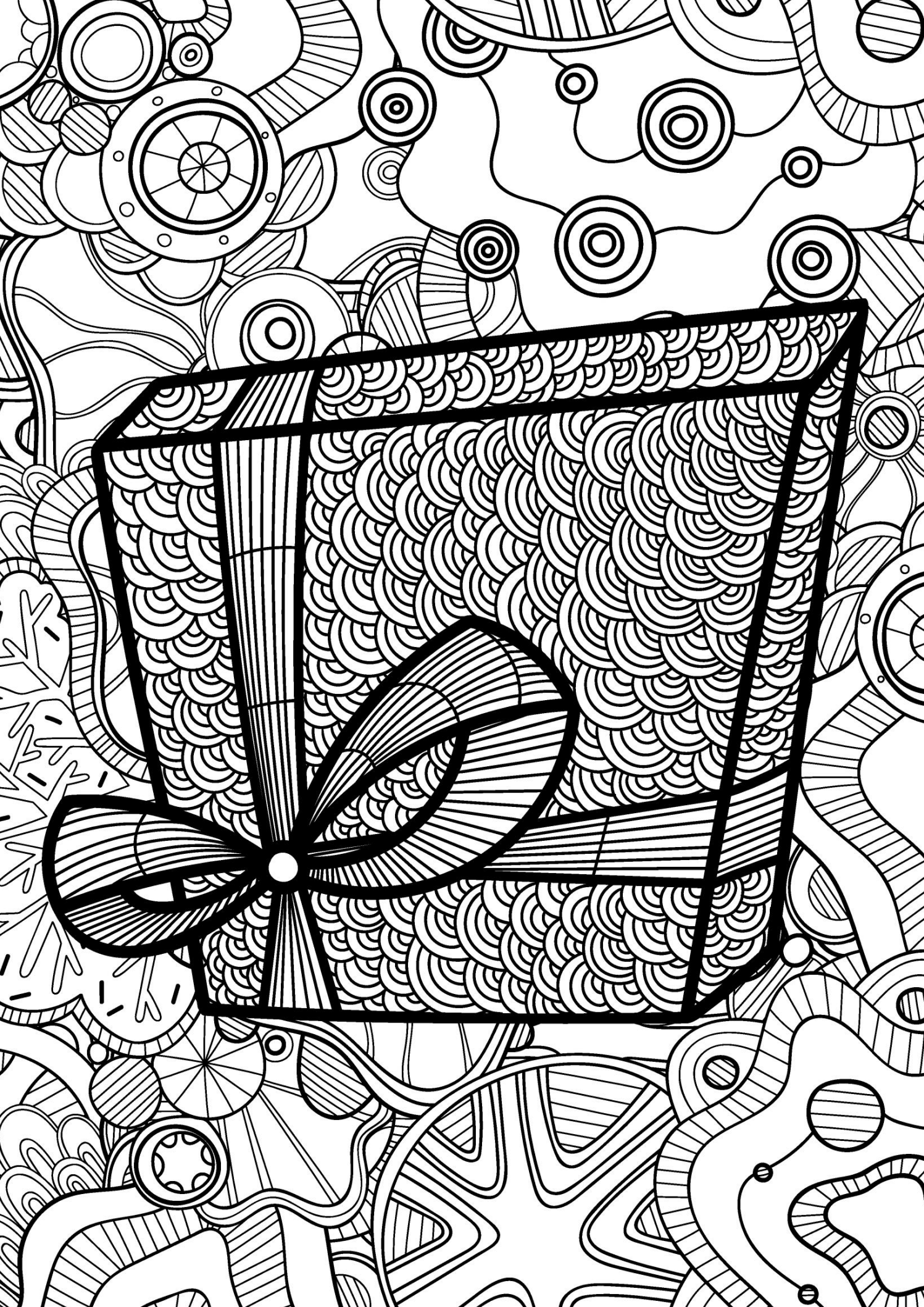
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"A lovely thing about Christmas  
is that it's compulsory, like a  
thunderstorm, and we all go  
through it together."

— Garrison Keillor —



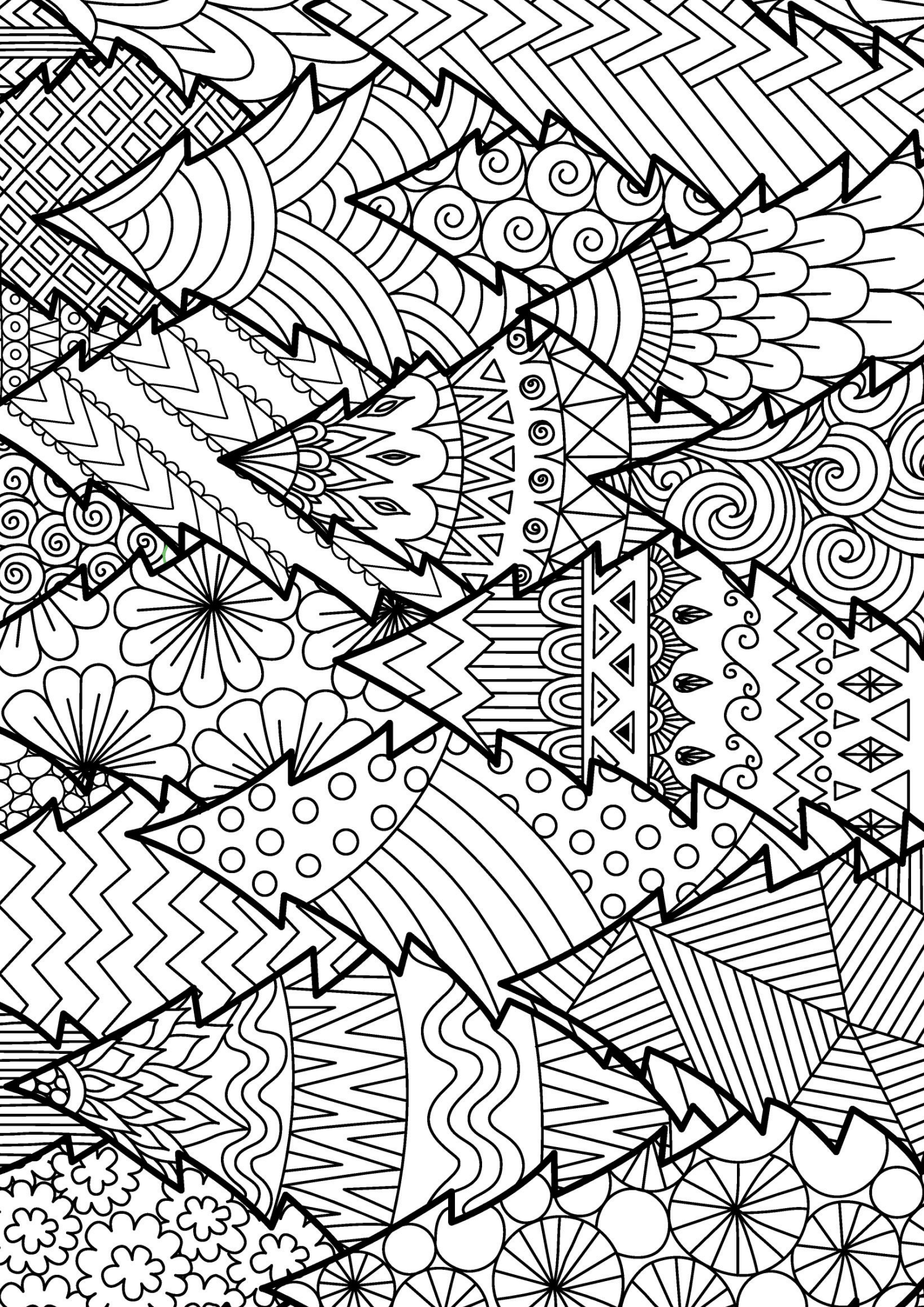
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"A very merry Christmas  
and a happy new year.  
Let's hope it's a good one  
without any fear."

— John Lennon —



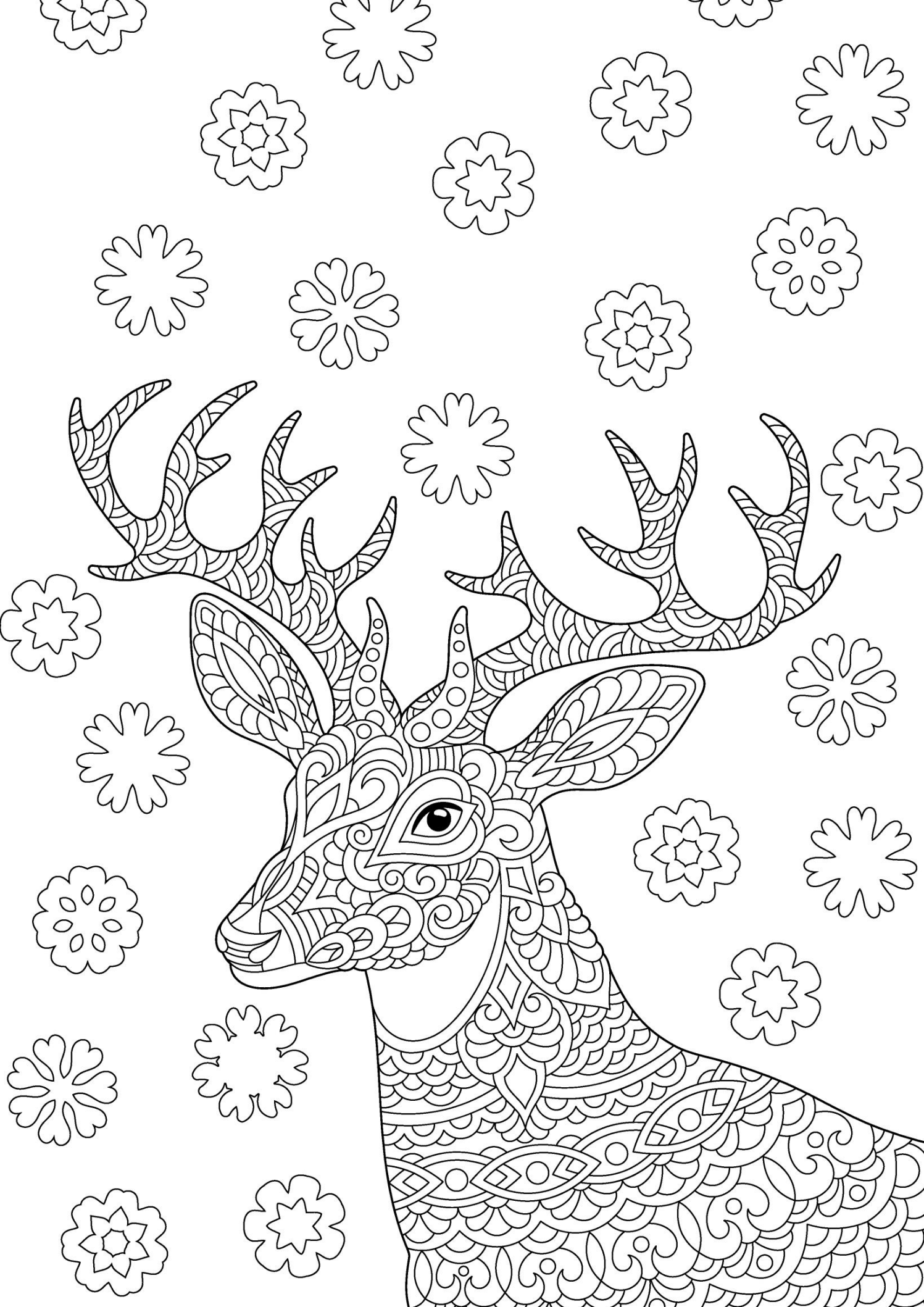
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“Christmas is sights,  
especially the sights of  
Christmas reflected in  
the eyes of a child.”

— William Saroyan —



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"Christmas to a child is  
the first terrible proof  
that to travel hopefully  
is better than to arrive."

— Stephen Fry —



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"The excellence of a gift  
lies in its appropriateness  
rather than in its value."

— Charles Dudley Warner —



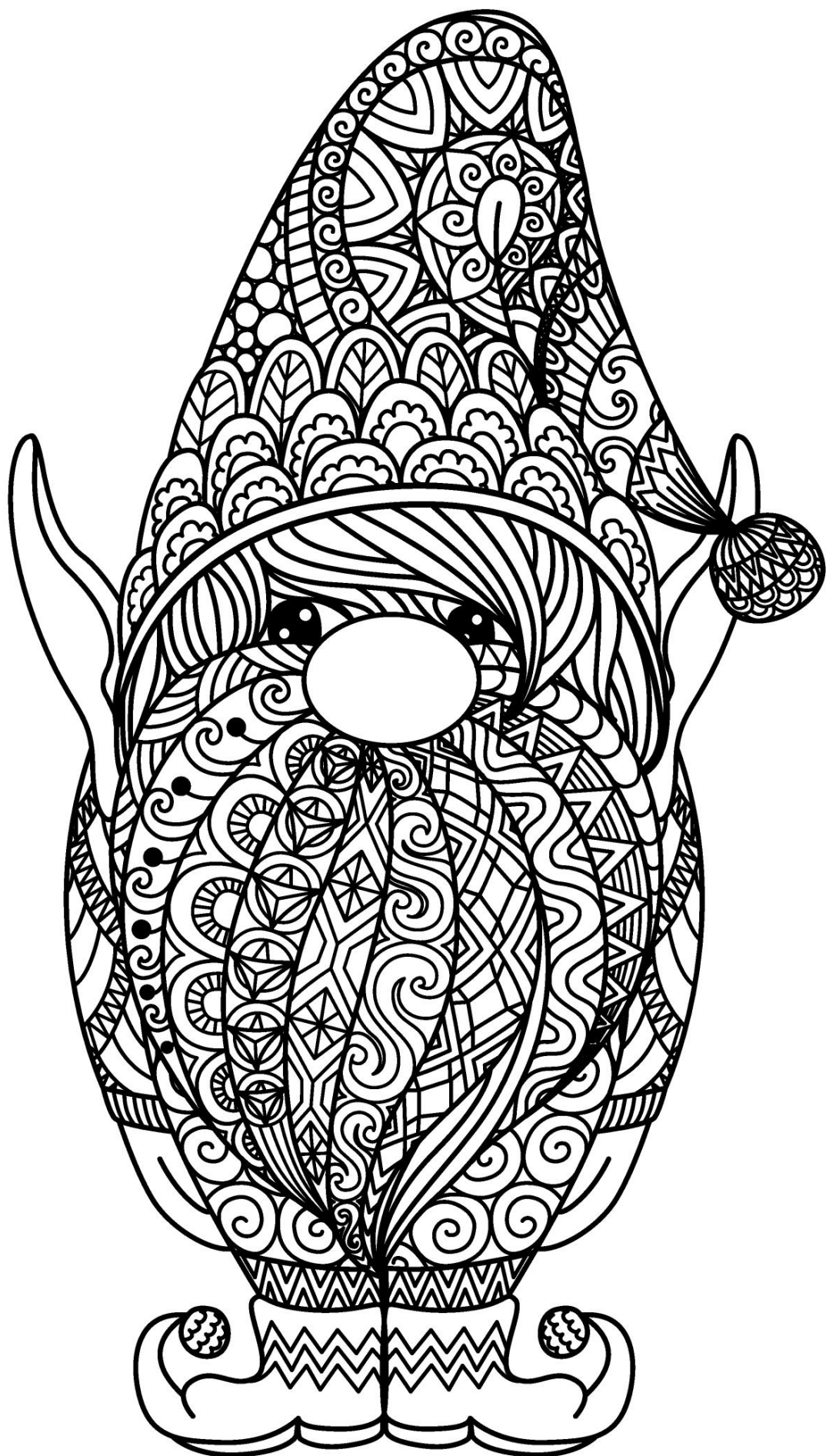
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“For centuries men have  
kept an appointment with  
Christmas. Christmas means  
fellowship, feasting, giving  
and receiving, a time of  
good cheer, home.”

— William Jewett Tucker —



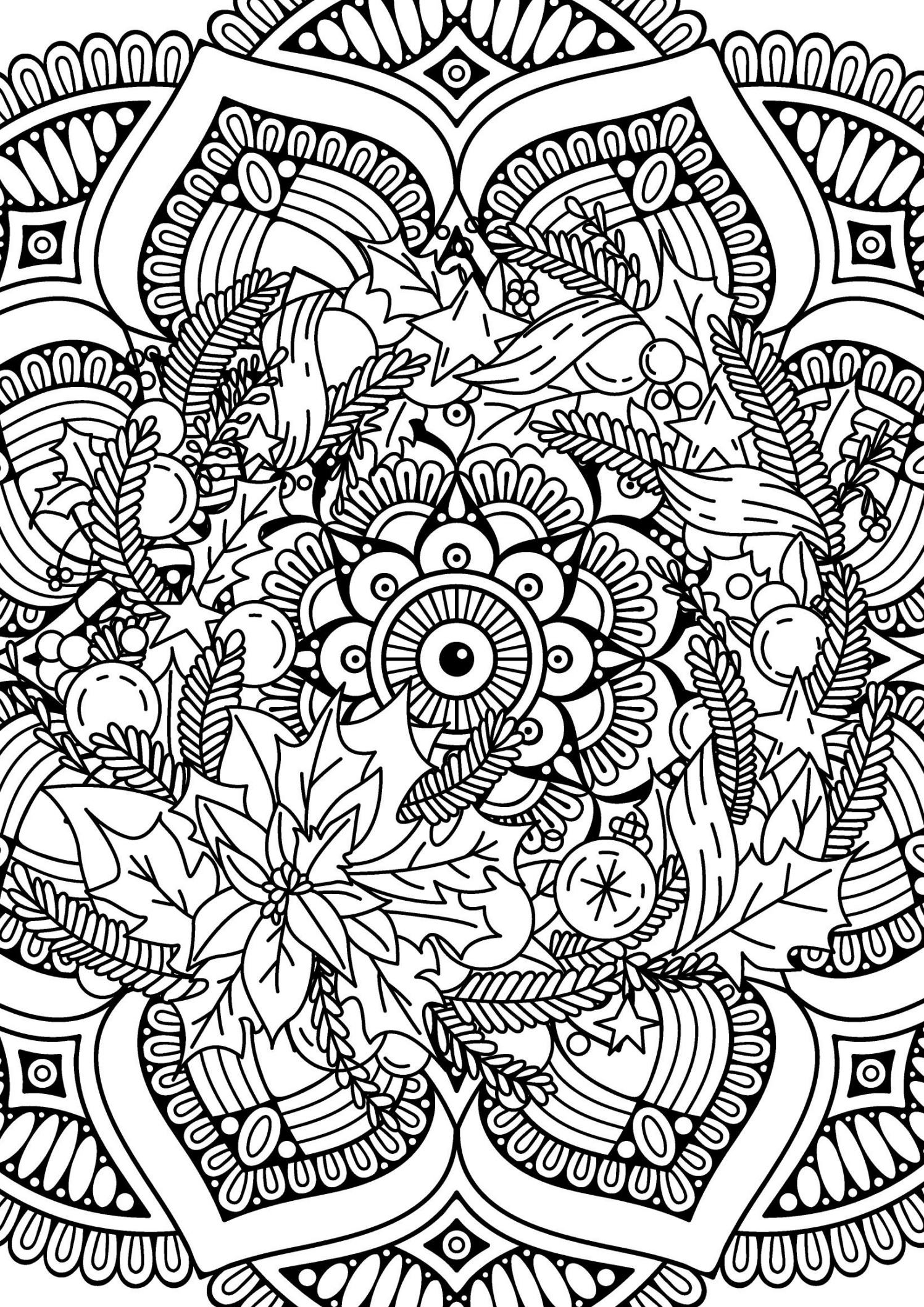
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"Don't let the past steal  
your present. This is the  
message of Christmas:  
we are never alone."

— Taylor Caldwell —



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"We should try to hold on to  
the Christmas spirit, not just  
one day a year, but all 365."

— Mary Martin —



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"So every year when  
Christmas comes, I  
realise a new, the best  
gift life can offer is  
having friends like you."

— Helen Steiner Rice —



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"Christmas will always be  
as long as we stand heart  
to heart and hand in hand."

— Dr. Seuss —



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"Christmas, my child,  
is love in action. Every  
time we love, every time  
we give, it's Christmas."

— Dale Evans —



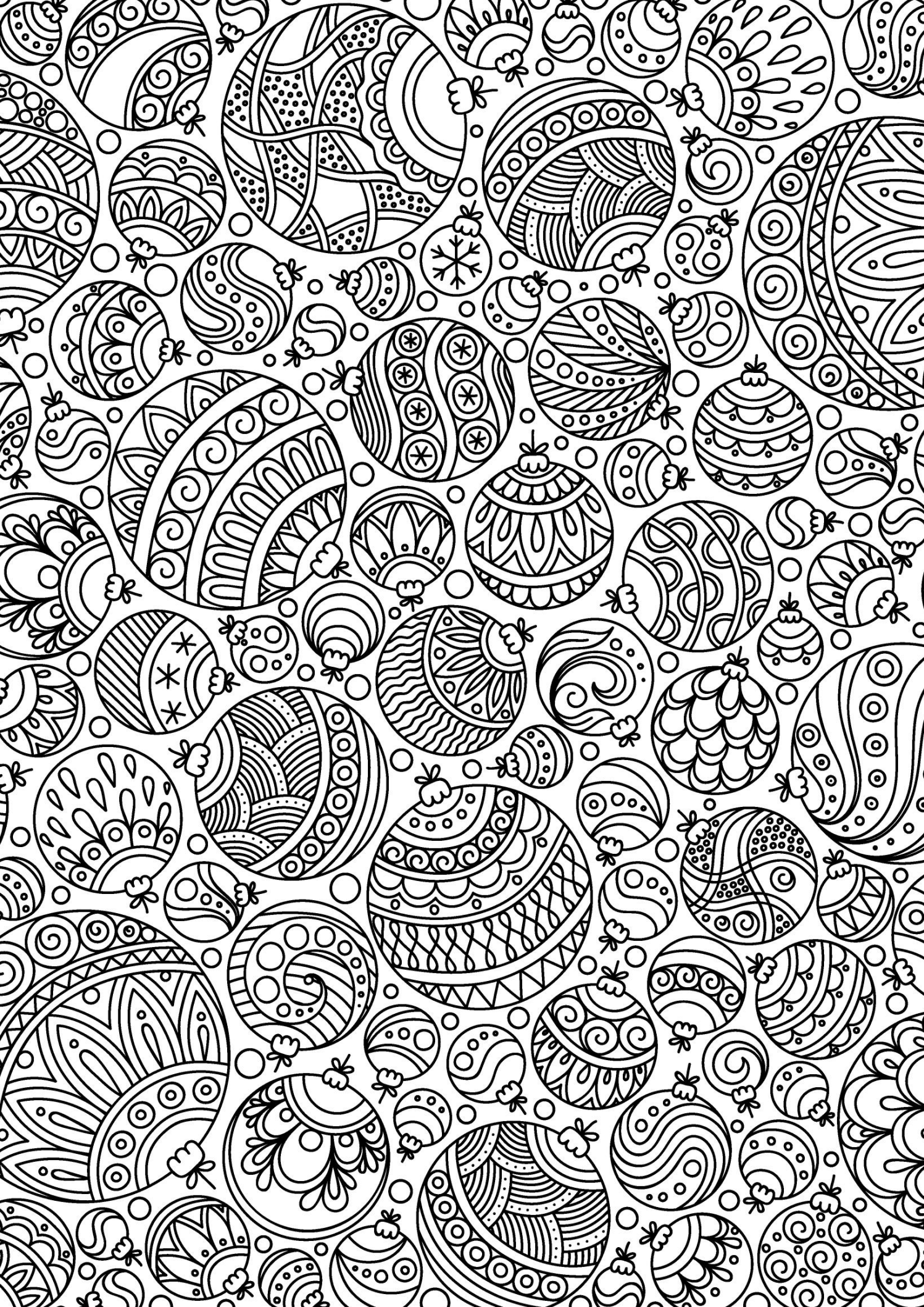
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“Remember this December,  
that love weighs more than gold!”

— Josephine Dodge Daskam Bacon —



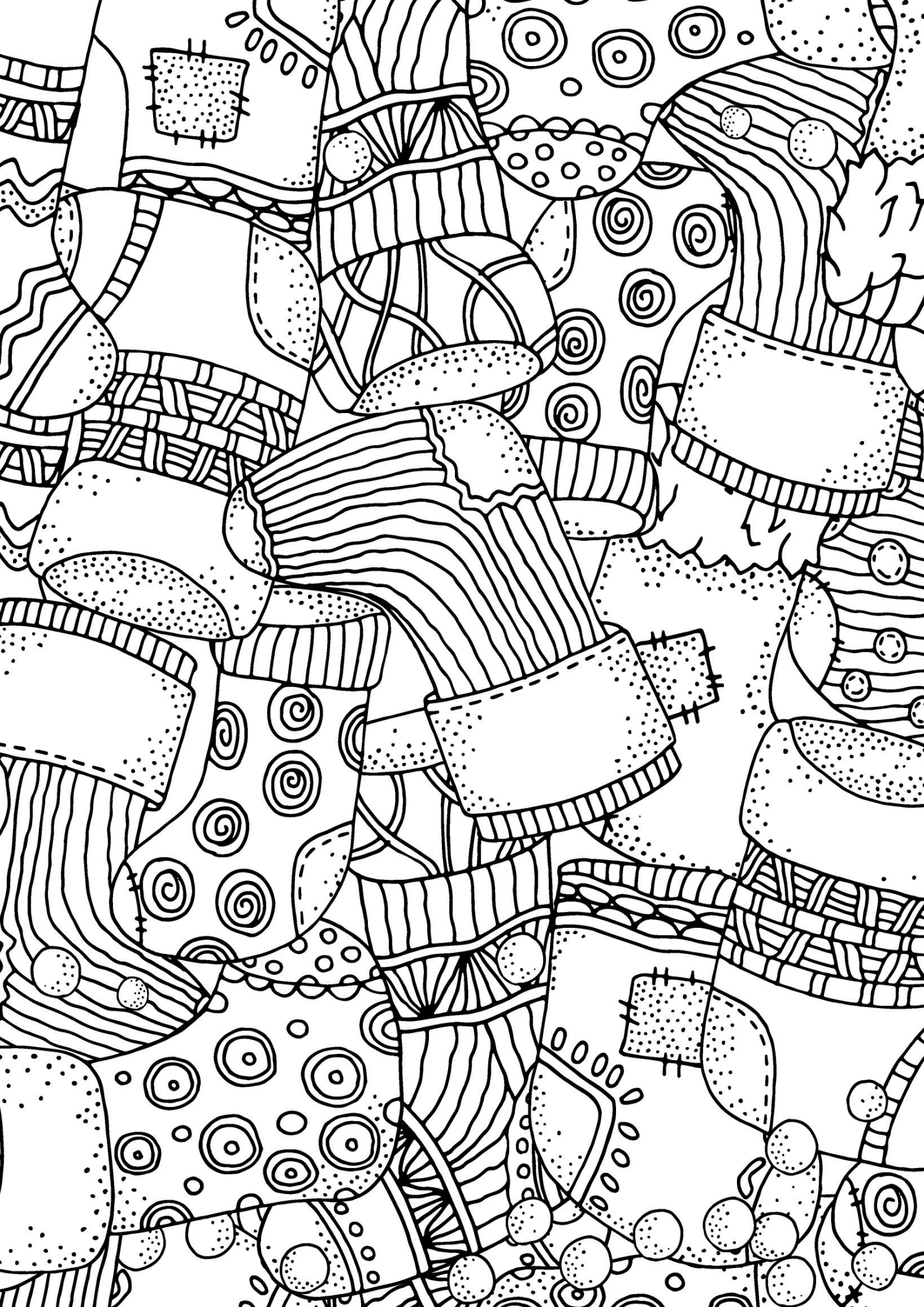
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"Christmas is most truly  
Christmas when we  
celebrate it by giving the  
light of love to those  
who need it most."

— Ruth Carter Stapleton —



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"My idea of Christmas,  
whether old-fashioned  
or modern, is very  
simple: loving others.  
Come to think of it, why  
do we have to wait for  
Christmas to do that?"

— Bob Hope —



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“For it is good to be children  
sometimes, and never better than  
at Christmas, when its mighty  
founder was a child himself.”

— Charles Dickens —



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"The way you spend  
Christmas is far more  
important than how much."

— Henry David Thoreau —



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"We make a living by what  
we get, but we make a  
life by what we give."

— Winston Churchill —



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"Do all the good you can,  
by all the means you can,  
in all the ways you can, in  
all the places you can, at all  
the times you can, to all the  
people you can, as long  
as ever you can."

— John Wesley —



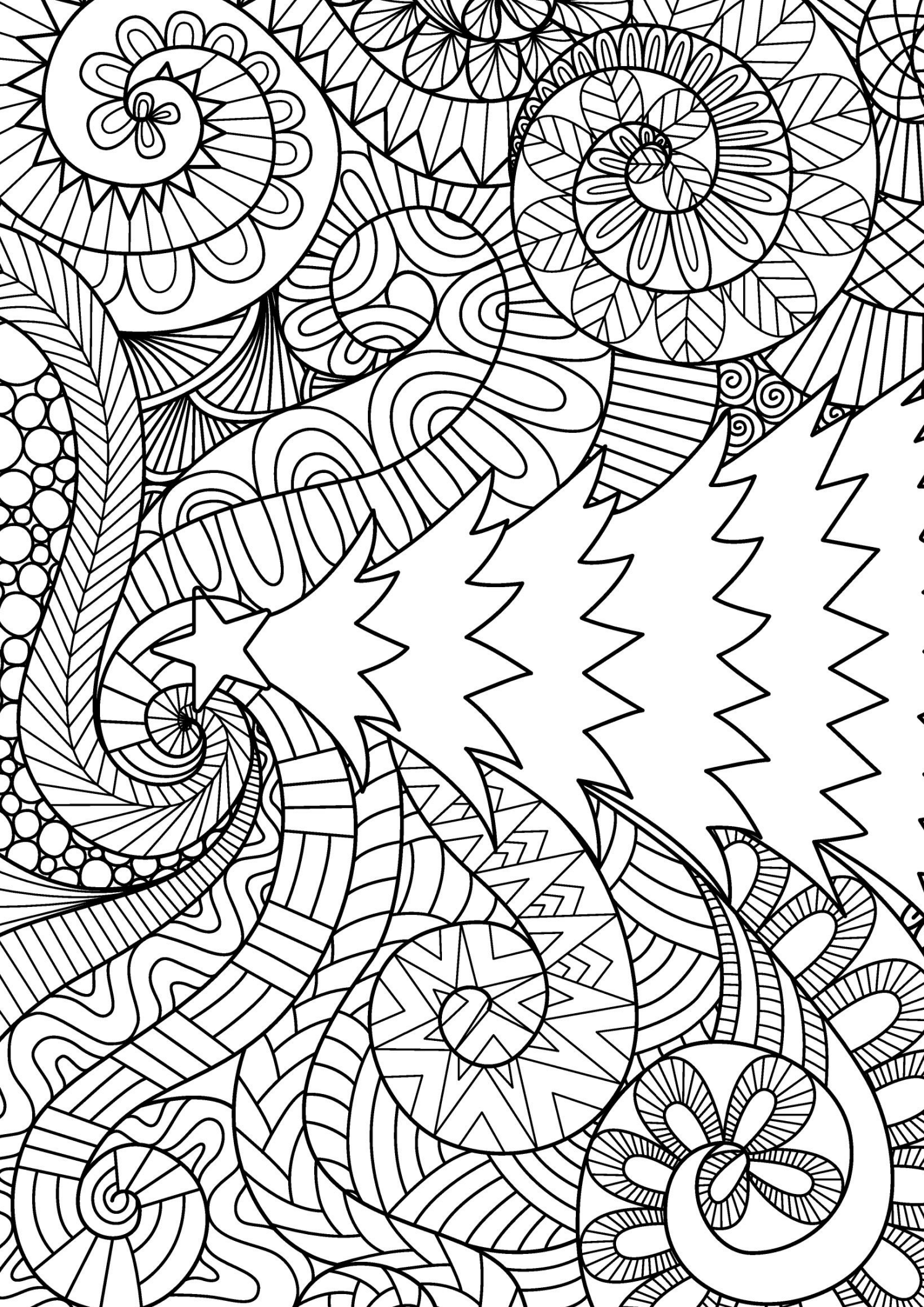
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"Peace on Earth will  
come to stay, when we live  
Christmas every day."

— Helen Steiner Rice —



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"Blessed is the season which  
engages the whole world in a  
conspiracy of love."

— Hamilton Wright Mabie —



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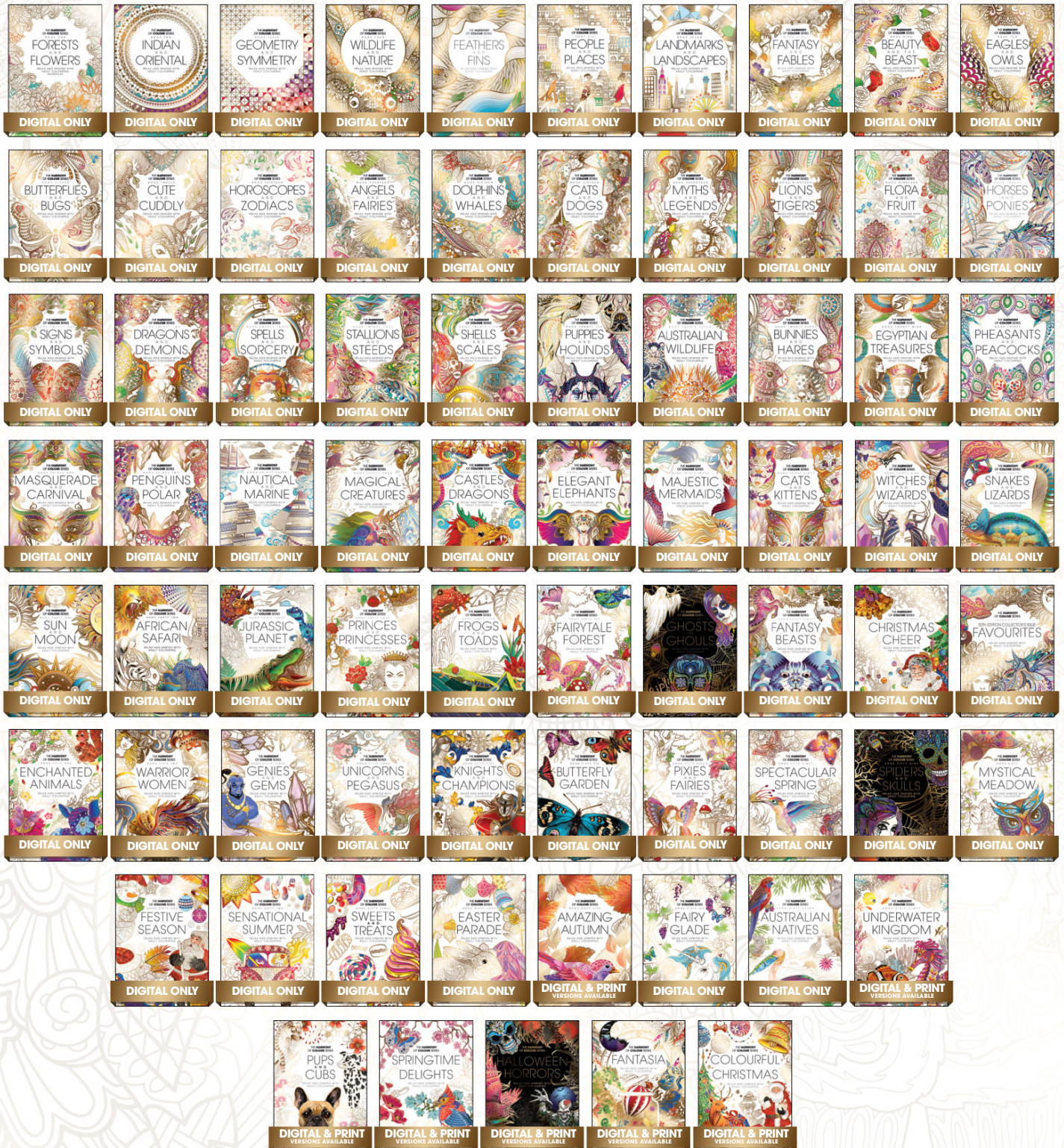


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